

The logo for CFAES (College of Food, Agricultural, and Environmental Sciences) is displayed in white text on a red rectangular background.

THE OHIO STATE UNIVERSITY EXTENSION

Benefits of Plants in Your Life

10 a.m. – Nurturing Our Nature 1

Learn how to enjoy your garden and nature for yourself, your organization or your company.

12 p.m. – Boxed Lunch

1 p.m. – Nurturing Our Nature 2

Learn basic design concepts for a healing garden or greenspace.

MONDAY, SEPTEMBER 24 • 9:30 A.M. – 3 P.M.

The benefits from your garden are profound. You are not just planting vegetables or flowers; you are changing how your body handles stress. Come learn the history or horticultural therapy and the current interest and research proving that plants do interact beneficially with humans. Also learn how to create your own “**Healing Garden**” right in your own backyard.

LOCATION: Mahoning County Extension, 490 S. Broad St., Canfield, OH 44406

CONTACT: 330-533-5538

COST: \$25 per person

REGISTRATION INFORMATION. Registration includes program and handouts.

Please mail to 490 S. Broad St. Canfield, OH 44406, fax (330-533-2424), or drop off the registration to the OSU Extension Office in Canfield. The program is filled on a “first come, first served basis.”

Name: _____

Address: _____

Email: _____ Phone: _____

Number Attending (\$25): _____

Benefits of
Plants



THE OHIO STATE UNIVERSITY

COLLEGE OF FOOD, AGRICULTURAL,
AND ENVIRONMENTAL SCIENCES

mahoning.osu.edu

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