WELCOME TO 2023

Thank you for a successful 2022 4-H Year!!





2022 4-H Year

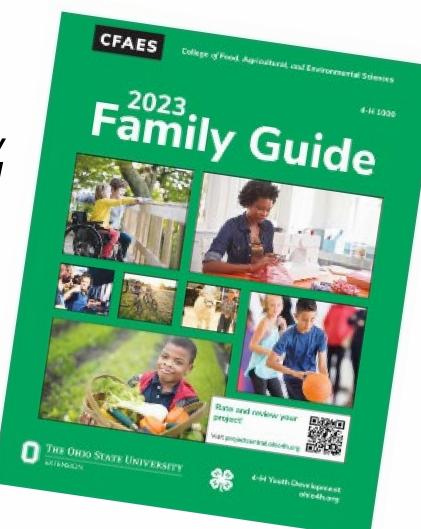
- 192 Adult Volunteers
- 996 4-H Club Members
- 2364 Projects completed!!

Resources Available

- General Resources
- 4-H Online
- Ohio 4-H Conference
- Project Book Resources
- Head Advisor Resources

2023 Ohio 4-H Family Guide

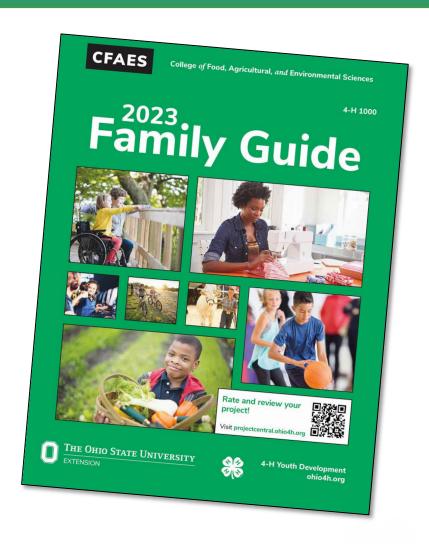
- In mid-January, one 2023 Family Guide will be mailed to each 4-H family from the State Office
- Extra copies are available at the Extension Office
- You can direct people to go online to look through the Family Guide at https://ohio4h.org/familyguide





2023 Ohio 4-H Publications

What's New?







ohio4h.org

CFAES provides research and related educational programs to clientele on a nondiscriminatory basis. For more information, visit <u>cfaesdiversity.osu.edu</u>. For an accessible format of this publication, visit <u>cfaes.osu.edu/accessibility</u>.

Animal Sciences

Coming soon!

228 Rabbit Project and Record Book

- For any youth taking a rabbit project —market, breeding, or pet.
- Updated with opportunities for youth to direct their own learning.
- New annual "focus questions" keep content meaningful.
- Required resource is 228R
 Rabbit Resource Handbook.
- All levels.





Food and Nutrition



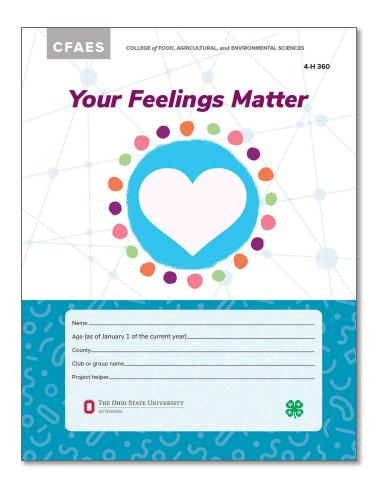
476 Cooking on My Own

- Full-color, completely revised version of *You're the Chef.*
- Members become confident and independent in the kitchen by expanding their cooking skills.
- Youth step up and prepare meals for themselves and maybe even for their families!
- Advanced level. State fair eligible.





Healthy Living



360 Your Feelings Matter

- Members explore what emotions are, how to express them, and how to react to them in a positive way.
- Hands-on activities are fun and demonstrate how manage emotional situations.
- Beginning level. State fair eligible.





Science, Technology, Engineering, and Math

509 Robotics Essentials

- Replaces Robotics with EV3.
- Members learn what a robot is, how to build one, and how to program it.
- Includes option for two recommended platforms: LEGO® Spike Prime or VFX®
- A computer for running the programming software and internet access for watching videos are required.
- Intermediate level. State fair eligible.

Coming soon!





Science, Technology, Engineering, and Math

544 Ready, Set, . . . Mow!

- Members learn the ins and outs of operating a lawn mower, whether it's push, riding, or zero-turn.
- Safety is first. Included is everything from knowing a mower's parts to dressing for success.
- Also included are tips for mowing and maintenance.
- Advanced level. State fair eligible.

Coming soon!

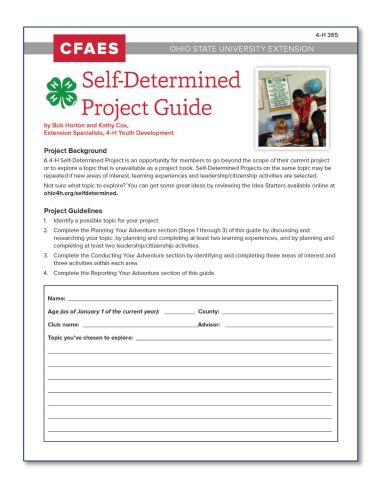




Self-Determined Projects and Idea Starters

- Built around topic areas that have their own state fair classes, selfdetermined projects are a way for members to explore topics that interest THEM.
- Must be used with the fivepage Self-Determined Project Guide, available at <u>ohio4h.org/selfdetermined</u>.
- Idea starters are a great way to begin designing a custom project.
- All levels, state fair eligible.

A new idea starter for 2023 is Digital Media.







Project Central

Members can make a difference in the 4-H community simply by reviewing the projects they take. Go to **projectcentral.ohio4h.org**.



Search Find new projects and resources by searching keyword, skill level, or topic.

Find Results are easy to sort! **Learn** Preview sample pages, read reviews from other members and volunteers.

Rate and share Help others choose projects and resources by rating and sharing on social media!





How to get your project books

- Order and pick-up project books in the Extension Office
 - Call Lori or Candace at the Extension Office with your book order 330-533-5538
 - Lori moff.1@osu.edu
 - Candace <u>buonavolonta.1@osu.edu</u>
- Order and buy online
 - <u>extensionpubs.osu.edu</u>.
 - Ohio residents receive free shipping on orders of \$20 or more with the coupon FREE2023
 - Books cost slightly more this way, but orders can be shipped directly to any Ohio address.
 - Regular project books increased in price from \$6 to \$8
 - Some resources books increased in price



4-H General Information



Updating Club List

- Head Advisor fill out form
- Club List includes:
 - Club Name
 - Head Advisor & Contact info
 - Project Areas or general
 - Meeting times/day/place
 - Geographical area (township)



4-H Recruitment Flyer







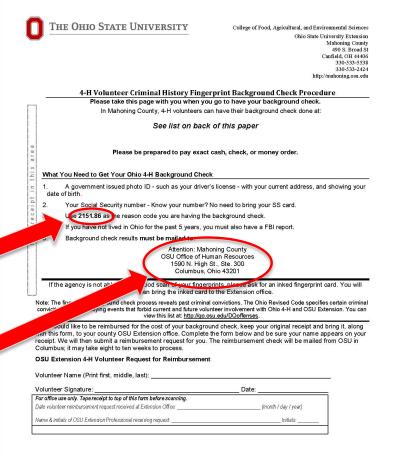
Background Check/Fingerprints

- Every 4 Years
- Letters have been sent to those that are due this year (last completed in 2019)
- Must be completed by February 15th to maintain Volunteer Status
- Please enroll yourself in 4-H Online before you get your fingerprints completed (or immediately right after)



Background Check/Fingerprints

- Need BCI ONLY (not FBI)
- Follow instructions on the sheet
- Take the sheet with you
- Correct code
- Send to the OSU Columbus address



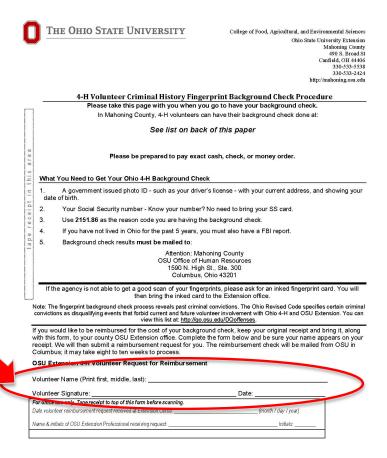
The Ohio State University, The United States Department of Agriculture, and Mahoning County Commissioners Cooperating





Background Check/Fingerprints Reimbursement

- Once fingerprints are completed
- Fill out bottom of form (name, signature, date)
- Attach
 ORINGINAL
 RECIEPT from
 background check
- Mail to the Extension Office



The Ohio State University, The United States Department of Agriculture, and Mahoning County Commissioners Cooperating



New Volunteers

- Give name and mailing address or email address to Beth or Kristen
- We will send a packet of information to them
- All New Volunteer Applications must be received by March 15, 2023



Ohio 4-H Conference

Saturday, March 11th

Columbus Convention Center 9am – 4pm

- Volunteers and Teens (age 13 and older)
- The objective of this event is to learn together and from each other in order to improve our abilities to deliver the Ohio 4-H Program to its members.
- Attend 3-5 Sessions/Workshops of your choice There are 130 to choose from!!
- More information & listing of all sessions/workshops <u>https://ohio4h.org/events/ohio-4-h-conference</u>
- Registration is \$40
- Registration Form is due to the Extension Office by Friday, February 10th



Youth Opportunities

- Achievement Award DUE February 3rd
- Achievement Award Form can be found at: https://go.osu.edu/2023achievementaward
- Why complete an Achievement Award Form?
 - It keeps a list of all the projects, community service, and other activities you have completed (this will help you when it comes time to fill out college and scholarship applications)
 - You can be awarded many county, state, and national 4-H awards and honors
 - You must be 14 by January 1st in order to be eligible for the state awards



Youth Opportunities

- Fair Funding Starter Scholarship Program from Deerfield Ag Services
 - To help youth exhibitors at the start of their projects
 - https://deerfieldagservices.com/fair-funding-starter-scholarship-program/
 - Online application due March 31, 2023
- Gail Dennison Saddle Horse Scholarship awarded by the Community Foundation of the Mahoning Valley
 - Online application due March 1, 2023
 - Go to <u>www.cfmv.org</u> to apply
- Junior Fair Scholarships and Awards
 - Find at https://www.mcjrfair.com/scholarships-awards-applications



Youth Opportunities

- Mahoning County Equine Team
 - Jeopardy for horse information
 - For any 4-H Youth ages 8 18
 - Must be registered for a Horse Project
 - Can be any of the Horse Projects including Horseless Horse
 - Attend State Contests
 - State 4-H Horse Bowl April 15, 2023
 - State 4-H Hippology Contest April 15, 2023
- Contact Brandy Kemmer for more information
 - Phone: 330-207-5377
 - Email: justchancinit@yahoo.com
- Will be meeting every Thursday starting on February 2nd through March at the OSU Extension Office



Quality Assurance Test-Out Guidelines

- Youth must have attended 3 sessions of QA
- Youth ages 12-14 who pass the test can test out of their annual QA program for <u>up to</u> 3 years. Passing of this test only exempts attendance at QA until the member reaches a 4-H age of 15. At that time, they would take the 15-18 year old test.
- Youth ages 15-18 years of age who pass the QA test can test out of their annual QA program permanently.
 - All ages are based on a member's 4-H age (the age that they are as of January 1 of the current year).



Quality Assurance Test-Out

Monday, February 20 (President's Day) at the Extension Office

- 9am 7pm
- Scheduling 12 youth every half hour
- Call Extension to schedule a time
- Letters were sent to youth qualifying to take the test
 - What will be on the Quality Assurance Test?
 - Primarily will be over the Good Production Practices 1, 3, and 6 but other Good Production Practices will be included.
 - Youth should study:
 - Resource Books
 - All Good Production Practices are posted on our website for a study guide:
 - o https://mahoning.osu.edu/4-H
 - Quality Assurance Quality Assurance Test Out



Judging Opportunities

- Public Speaking & Demonstration Contest
 - Monday, June 12th 5pm-9pm at the Extension Office
- Non-Livestock (Small) Project Judging including Food & Nutrition
 - Monday, July 10th 10am-3pm at the Fairgrounds in the Event Center
- Awards Ceremony
 - Monday, July 10th 7:00pm at Fairgrounds in the Event Center
- Sewing Judging
 - Wednesday, July 12th 10:00am 2:30pm at Fairgrounds in the Event Center
- Style Revue & Awards
 - Wednesday, July 12th 7:00pm at Fairgrounds in the Event Center
- Ohio State Fair
 - July 26 August 6

Still to come...Information for the 2023 Cooking Competition





Opportunity for our members who complete a Sewing or Quilting Project

- Sewing Machine Drawing
- Members must complete a sewing or quilting project by attending project judging or early project judging
- Drawing for sewing machine
- Awarded at the Sewing Project Award Ceremony on July 12th



Sewing Machine Opportunity



OSU Extension has received a donated sewing machine that we want to pass on to our 4-H members!





Any 4-H member who completes a sewing project will be entered to win this sewing machine - a used Brother LS-2125i.





- Sewing projects are completed when the member attends judging or early project judging
- All members who complete the sewing projects listed are eligible



- 406 Clothes for High School and College
- 407 Accessories for Teens
- 408 Creative Costumes
- 409 Sew Fun
- 410 Designed by Me
- 411 em-bel-lish: A 4-H Guide to Wearable Art
- 412 Sew for Others
- 413 Sundress and Jumpers
- 415 Ready, Set, Sew Active!
- 417 Dress-Up Outfit

- 418 Loungewear
- 419 Terrific Tops
- 420 Outerwear for Anywhere
- 424 Clothing for Middle School
- 425 Look Great for Less
- · 426 Clothing for Your Career
- 430 Shopping Savvy
- 432M Sewing and Textiles (non-Clothing) Master
- 498 Quilting the Best Better
- 499 You Can Quilt!

The sewing machine will be awarded at the Sewing Project Award Ceremony **Wednesday**, **July 12**, **2023**.













tree will donations benefit 4-H

Anyone can shop the wide variety of colors and patterns!

Tuesday, May 16th 8am-7pm & Wednesday, May 17th 8am-4pm

OSU Extension Mahoning County 490 S. Broad Street Canfield OH 44406

- Browse our large selection of fabric and other sewing items to "purchase" based on a free will donation.
- Sewing items include hem strips, embellishments, ribbon, lace, zippers, needles, pins, elastic, stuffing, yarn,
- patterns, and more.
- The Mahoning County Extension Office will be accepting ᢃ sewing material donations starting Monday, May 1 -Monday thru Friday 8am-4:30pm.



Questions? Call the Mahoning County Extension Office at 330-533-5538





4-H Fabric Frenzy

4-H Youth Shopping Night

We invite all Mahoning County 4-H Youth to shop -"free will donation" for their 2023 projects!

Monday, May 15th 3pm-8pm

- Enjoy early access to all the great materials we receive through donations. Browse our large selection of Fabric and other sewing items.
- Sewing items include hem strips, embellishments, ribbon, lace, zippers, needles, pins, elastic, stuffing, yarn, patterns, and more.
- Fabric Frensy will be open to the public Tuesday, May 16th 8am-7pm & Wednesday, May 17th 8am-4pm.



Questions? Call the Mahoning County Extension Office at 330-533-5538

THE OHIO STATE UNIVERSITY

Camp Whitewood June 25 – June 30

Camp WHITEWOOD Est. 1940

- Swimming
- Boating
- Crafts
- Hiking
- Archery
- Camp Songs
- Many, many more activities!!





Club Forms

All forms can be found on the Mahoning County Extension Website https://mahoning.osu.edu/

- Due January 31, 2023
 - Club Financial Summary
 - Club Equipment Inventory
- Due March 15, 2023
 - Enrollment through 4-H Online
- Due by April 1, 2023
 - Meeting Dates List
 - Club Officer Form
 - Charter Checklist
 - Club Constitution (only if you made any changes)
 - Club Bylaws (optional) (only if you made any changes)
- Project Book Order Forms can be turned in at anytime



Ohio 4-H Charter Checklist

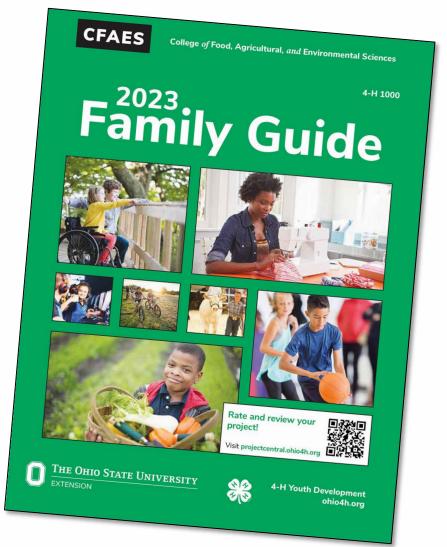
4-H Club must meet the following requirements yearly:

- All adult volunteers approved and completed the 4-H Volunteer Selection Process
 - All volunteers have completed the 1.50 Child Protection Recognition and Reporting Training Yearly
- Must have at least 5 members from 3 different families
- Conduct a minimum of 6 regular club meetings per year
- Name of 4-H club was approved through the Extension Office
- Completed Club Constitution on file
- Elected club officers
- Provide a welcoming & safe environment for members
- Plan learn-by-doing or hands-on activities for club members
- Follow all national, state, and county 4-H policies and procedures
- Follow all national and state 4-H guidelines for use of 4-H Name and Emblem
- Follow national and state 4-H guidelines for fundraising
- Must have a Taxpayer Identification Number (EIN)
 - IRS 990 Form must be filed by May 15th this is completed by the Extension Office
- Club will not participate in any political campaigns
- Club must submit a financial report yearly by January 31st



Understanding 4-H Membership Information

 All membership information and Frequently Asked Questions can be found in the front of the 4-H Family Guide





4-H Member Eligibility

 Ohio 4-H membership is based on a child's age AND grade as of January 1 of the current calendar year



4-H Cloverbud Eligibility

 Eligibility begins when a child is age 5
 AND enrolled in Kindergarten as of January 1 of the current year



4-H Member Eligibility for participation in 4-H projects and competitive events

- Eligibility begins when a child is age 8
 AND in third grade as of January 1 of current year
- Any youth age 9 or above as of January 1 of current year is eligible for project membership, regardless of grade level



Across-County Line Membership

- Youth expected to affiliate with the 4-H Program in their county of residence
- Members who want to cross to a different county
 - Must contact the 4-H Educator in County of residence
 - Family must complete a 4-H Across County Line Form
 - Decisions are made on a case-by-case basis and with communication between the Educators in both counties



4-H Online System http://v2.4honline.com



4-H Online = http://v2.4honline.com

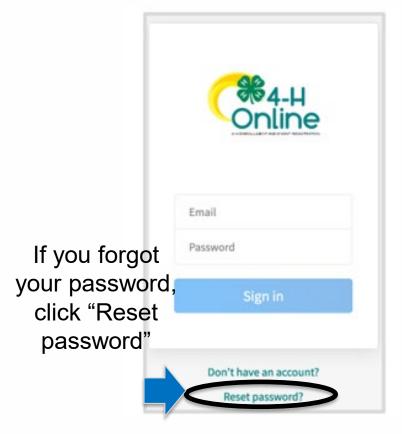
- Enrollment is open
- Families entering reenrollment
- ALL New members/families will enroll themselves in 4-H Online
 - Just give new families the 4-H Online web address
- All Volunteers must reenroll themselves through 4-H Online
- Enrollment due March 15, 2023
- Enrolling instructions are on the table
- Enrollment Guide https://go.osu.edu/4honlineguide
- Club leader guide to access club information: https://go.osu.edu/clubleaderguide
- For more information and direct links to resources, visit our website at https://mahoning.osu.edu/4-H/4-h-online





Frequently Asked Questions

- What is my password?
- I cannot get into my account (reenrollment)
- I need to add a project
- My child is in 2 clubs, I selected the wrong primary club

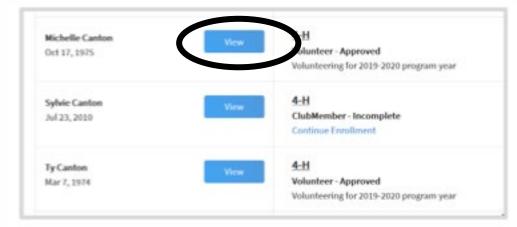




Club Leader Options

As a Club Leader, your enrollment must be approved before you can access your club

- Sign into 4-H Online your personal (family) email and password
- Locate your name in the list of members in your family
- 3. Click the "View" button next to your name



Club Leader Options

As a Club Leader, your enrollment must be approved before you can access your club





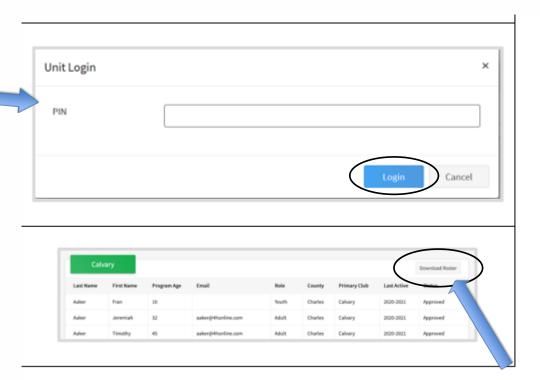
Club Leader Options

As a Club Leader, your enrollment must be approved before you can access your club

Enter the Unit (Club)
 PIN

 Club PIN have been reset in the new system, contact the Extension Office for your PIN

2. Click the "Login" button

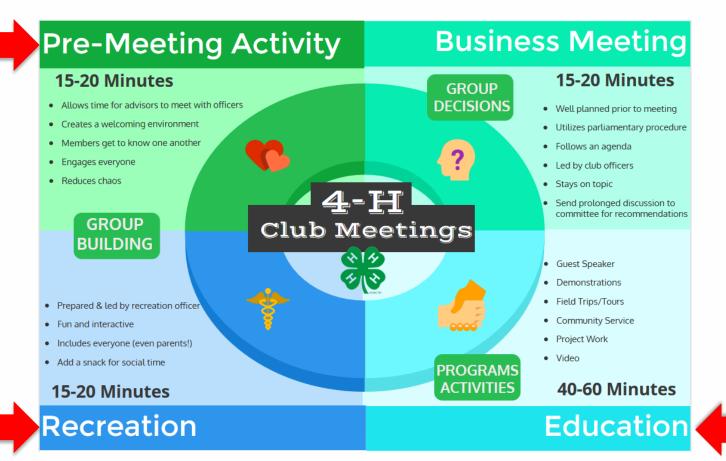


You will be able to download a Club Roster



Questions about 4-H Online or Enrollment?



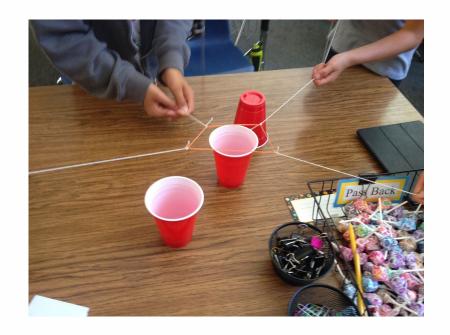




Solo Cup Teamwork Challenge

Objective:

Work as a team to stack the cups without using your hands





Solo Cup Teamwork Challenge

- Create a grappler tool with the string and rubber band (this will move the cups).
- Place the cups in three stacks (pictured to the right).
- Move the cups by using the grappler tool into a six-pyramid shape (pictured to the right).
- After the pyramid is complete, teams raise their hands in the air and give a shout.





Bull Ring Challenge

Objective:

Balance the ball on the bull ring and then place it in the target. The ball must not fall on the ground



Bull Ring Challenge

- Tie 6 8 equal lengths of string to the bull ring.
- Participants each hold the end of one string.
- Place the ball on the bull ring.
- Tighten the string to raise and lower the ball but participants must continue to hold on only to the very end of the string (no inching up on the sting or having extra string behind)
- The team must work together to lower the ball into the target without the ball falling on the floor.
- Once the ball is successfully in the target, teams raise their hands in the air and give a shout.





Hole Tarp Challenge

Objective:

Make the ball travel around the holes without falling through a hole or off the tarp





Hole Tarp Challenge

- If the ball falls off the tarp or through a hole, the game starts over.
- Participants must hold onto the tarp with both hands throughout the activity.
- The tarp must be stretched out so that it remains flat (like a tabletop).
- The tarp must be held so that it remains at its maximum size (the tarp may not be "gathered up" around the edges to be made smaller).
- The group must hold the tarp in the air (i.e., not laid on the ground or on any other surface).
- If the ball starts to roll off the tarp, participants can use their body like a "bumper" to keep the ball on the tarp (hands may not let go of tarp though).
- Tarp holes may not be blocked. Should a ball fall through a hole, it may not be knocked back through the hole (example: kicking ball with foot back through the hole).



What's in the bag?

- Tarp
- Thumball
- Yarn
- 10 Cups
- Tennis Ball
- Whiffle Ball
- Rainbow Washi Tape
- Green Ball
- Red Ball
- Yellow Ball
- Blue Ball
- Metal O Ring
- Rubber bands

Red Folder:

- Bull Ring
 Challenge
 Instructions
- Hole Tarp Instructions
- Cup Challenge Instructions
- Parts of an
 Effective 4-H Club
 Meeting
- 4-H Club Meeting Toolkit





Junior Fair Information & Updates Kim Moff



Junior Fair Information

Be sure to check the Junior Fair Calendar on the website at https://www.mcjrfair. com/calendar for any changes to dates, times, or location







Junior Fair Information

- Tools to help club advisors and members/families:
 - Junior Fair Website https://www.mcjrfair.com/
 - Calendar of events, meetings, clinics
 - Each species' guidelines and paperwork
 - Facebook
 - Reminders on phone
 - Checklists
 - Saddle Horse Paperwork Checklist
 - Form due dates given out today
 - Project Books and Resource Books
 - Fair Photos



Quality Assurance

Saturday, March 4 from 8:00am-2:00pm at South Range High School

- Who needs to attend Quality Assurance
 - Youth exhibiting:
 - Market Livestock (Beef, Feeders, Swine, Lambs, Goats, Poultry, Rabbits)
 - ALL Rabbit Projects
 - ALL Sheep Projects
 - Beef Breeding Projects
 - Dairy Cattle Projects
 - Dairy Goat Projects



Quality Assurance

Saturday, March 4, 8:00am-2:00pm, South Range High School

- Youth and one Parent/Guardian must attend the Mahoning County Quality Assurance Program or a STATE Program such as Beef Expo
- Or a Mahoning County QA Make-up Session
 - Thursday, March 30, 2023, 6:30pm-9:00pm, OSU Extension Office
 - o Saturday, May 13, 2023, 9:30am-12:00pm, OSU Extension Office
- Youth cannot attend another county's QA



Horse Symposium

Saturday, March 25, 2023, 8:00am-3:00pm, Event Center Registration starts at 7:30am

- Youth taking horse projects must attend the Mahoning County Horse Symposium
- Or a Mahoning County Equine Health & Safety Makeup Session
 - Monday, April 24th 6:30pm-8:30pm, OSU Extension Office
 - o Saturday, May 13th 12:30pm-2:30pm, OSU Extension Office
- Vendor Show during the Symposium is open to the public

Check the Mahoning County Junior Fair Website Calendar for any updates to dates and times at https://www.mcjrfair.com/calendar



Mahoning County Horse Youth Members

- All youth taking a horse project must complete the online State EquiSTEP program
 - Mandatory state Equine Education Program
- Instructions and link to complete will be sent out by the Saddle Horse Committee
- Here is the link to enroll in/access
 EquiSTEP: go.osu.edu/equistep2023



Junior Fair Dates to Highlight

All dates for all meetings, clinics, and events can be found on the Junior Fair website at https://www.mcjrfair.com/calendar

- First Required Livestock Meetings:
 - Wednesday, January 25th Market Feeder, Swine, and Lambs and Beef Breeding
 - Mandatory Wednesday, February 22nd Rabbits, Poultry, Goats
 - Monday, February 6th Pocket pets
 - Wednesday, February 15th Dairy County Meeting
- Saturday, March 4th Quality Assurance South Range High School
- Saturday, March 25th Horse Symposium Event Center
 - Plus Vendor Show open to the public during the Symposium
- Saturday, May 6th Saddle Horse Body Score & Vaccination Clinic by Lisbon Vet Clinic
 - Begins at 8:00am seen by appointment
 - RSVP by Thursday, May 4th to Kim Moff
- Tuesday, April 18th County Dog Meeting Pony Palace
- Wednesday, April 19th ALL Market & Dairy Sale Exhibitor Meeting Event Center
- Saturday, May 20th Tagging Sheep/Goats/Swine
- May 3, May 24, June 7 Rabbit Tattoo Clinics
- Saturday, June 3rd Small & Exotic Animal Fun Show
- Thursday, June 22nd Large Animal Skillathon Event Center
- Saturday, June 24th Small Animal Skillathon Event Center
- Tuesday, July 18th Market Livestock Ice Cream Social



Junior Fair Questions??



Thank You for your time

