

# November 2023

*November 1, 2023*

Dear fellow OSU Master Gardener Volunteers,

I look out the window and see all the colorful autumn leaves float by on a gust of wind. I feel the chill in the air and begin to dread the coming of the winter season. This is a time when nature seems to go dormant and causes us to want to just snuggle inside our warm homes. What can we do when we begin to feel blue? I usually find a great way to stay busy by volunteering and keep my mind focused on other things than the cold outside. I have found that numerous mental health benefits come with helping others, including:

- **Increased self-confidence:** You gain a sense of accomplishment and self-worth when you see tangible results of your work. Helping others feel good makes you feel good, too.
- **Connecting with others:** Volunteering lets you connect to other people socially and create relationships that can help you battle the blues.
- **Gain perspective:** Volunteering your time to help those who are less fortunate offers a valuable perspective. Ask yourself what would I do and appreciate if I needed some help and I were placed in that situation?

There are many ways to keep busy this winter. Help update the pictorial directory. Provide MGV specialty training by sharing your experience and knowledge. Write and share your most humorous gardening story. Share your favorite recipe with your MGV friends.

Remember why you became an MGV in the first place. Help support us all by participating, contributing and staying an active MG volunteer.

Bob Eister

President.



## NOVEMBER BIRTHDAYS

3- Nancy Wloch

15- Lillian Quaranta

21- Barbara Kostelic

11- Kathy Costa

17- Lois Martin-  
Uscanowski

21- Lana Ilain

11- Cindy Hixenbaugh

18- Kathy Emptage

24- Gail Siembida

14- Katie Shipka

27- Marianna Eister

- ❖ **Potential Education Opportunities:** Please fill out this survey on training topics you would like to see offered to MGVs in the future. Some examples would be PowerPoint (creating, adding photos, saving to a USB drive), creating handouts for a class, and entering hours into HOC. Opportunities will be offered based on the survey results.  
Link for survey: <https://go.osu.edu/mgveducationsurvey>
- ❖ Request for donation of greenery for garden art classes in November. Please trim it to 12-20 inches in length and bring it to the Extension office on November 6 and 13 (the Mondays before the classes). Leave outside the back door.
- ❖ We have received many donations of milkweed pods. If you can help sort and bag seeds on **November 13<sup>th</sup>**, please get in touch with Candace to sign up for a time slot. Other days will be added if needed.
- ❖ Hands On Connect Help Day: December 12<sup>th</sup> from 9 am-6 pm. Come anytime within those hours to receive help accessing HOC and entering hours. Hours need to be entered by December 31<sup>st</sup> to receive credit.
- ❖ It is that time again! The 2023 Master Gardener Volunteer Appreciation Banquet is on Thursday, January 11, 2024, at Al La Cart Catering 429 Lisbon Street in Canfield. Doors open at 6 pm. Invitations with details will be given out at the November MGV meeting or mailed to those unable to attend.
- ❖ Wreaths for Our Veterans Ceremony is scheduled for Saturday, December 2 at 10 am: 315 E Main Street, Canfield, OH 44406 <https://go.osu.edu/wreathsforourveterans2023>

**Please remember our requirements to be an active member are:**

#### OBTAINING VOLUNTEER HOURS:

**20 documented volunteer hours are required annually to maintain active status.** Approved volunteer hours must be MGV-related and may include:

- 2 hours must come from Backyard and Local Food events.
- 2 hours must come from Environmental Horticulture events.
- Approved projects to obtain volunteer hours are committee driven.
- If you desire to volunteer for a project not committee-driven, you must submit your request in writing for approval from an OSU Educator at the beginning of the year.
- Attending monthly meetings will equal one volunteer hour (and one education hour – see below)
- Refer to the committee list and description.
- You may NOT record any hours you are paid for.

#### OBTAINING CONTINUING EDUCATION HOURS:

**10 documented education hours are required annually to maintain active status.** Approved continuing education hours must be MGV related and may include:

- 2 hours must be from integrated pest management classes or presentations.
- 2 hours must be from invasive species classes or presentations.
- Attending monthly MGV meetings – where a speaker presents a program.
- Attend an MGV-sponsored field trip with a specialist tour guide.

## MGV Intern Hours

The class of 2023 has until **April 30, 2024**, to complete 50 volunteer hours and enter into Hands On Connect. Only after the completion of your 50 volunteer hours will you be considered an Active Master Gardener. Please let Kristen know if you have any questions.

## Continuing Education Links (Thanks Karen and Pam)

- The Ohio State University IPM program  
<https://www.youtube.com/channel/UCzcWaLH3mx7HUKh4OF7bYPA>
- OSU Invasives  
<https://beht.osu.edu/video-categories/invasive-trainings>
- Hort Happy Hour and Lunch and Learn Webinars and recordings.  
<http://go.osu.edu/MGVlearn>

## **SPEAKING AND TEACHING OPPORTUNITIES**

If you are interested, please contact Kristen ([Eisenhauer.30@osu.edu](mailto:Eisenhauer.30@osu.edu))

- **Friends of Fellows Riverside Garden-** Davis Center, looking for a Fall speaker in late September or early October for 35-80 adults. Flexible with days and times. Pollinator topic or other. If you are interested, please get in touch with Candace.
- **The Gathering Place-** Senior center is looking for a speaker in April, May, or June to speak on "planting in spring", for 40-50 adults and will be held at the Lord of Life Lutheran (Canfield). Let the office know if you are interested.

## **VOLUNTEERING OPPORTUNITIES**

If you are interested, please contact the office (330-533-5538)

- Garden Art volunteers are needed for the November 8<sup>th</sup> Holiday Centerpiece (private class) and the December 5<sup>th</sup> Holiday Centerpiece class. Please let the office know if you can help.
- 2024 Class planning is in progress, we are looking for volunteers to teach Garden Art, Morning with the Masters, and during the monthly MGV meetings. Please let Kristen know if you are interested or fill out the two-question survey at <https://go.osu.edu/mgvteachinginterest>.

## **MGV MINUTES**

October minutes: <https://go.osu.edu/oct2023minutes>

## **POLLINATOR PLOT INFORMATION**

Check out the links below for information on pollinators including Specialist Bees, Bumble Bees, Butterflies, and Moths.

1. <https://u.osu.edu/plantbynumbers/resources/>
2. <https://u.osu.edu/plantbynumbers/resources-for-butterflies-and-moths/>
3. <https://u.osu.edu/plantbynumbers/resources-for-bumble-bees/>

## **MEETING CALENDARS**

2023 Meetings: Meetings are held on the second Thursday of the month at the Mahoning Extension Office.

- November 9<sup>th</sup>
- December 14<sup>th</sup>
- January 11, 2024 – MGV Recognition Banquet- Invitations are forthcoming, RSVP **by December 18.**

## **2023 Events for All Mahoning County Programs**

### **Upcoming Classes:**

- *Naturalist Series: 6:30 pm Cost \$5 per class or \$30 for the full year*
  - November 16: Arrowheads / Native American Tools with Thomas Delvaux:  
<https://go.osu.edu/artifacts11-16>
- *Garden Art Series: 6 pm Cost \$25*
  - Nov 15: Holiday Container, Pam: <https://go.osu.edu/holidaycontainer11-15>
  - Dec 5: Holiday Centerpiece, Pam <https://go.osu.edu/holidaycenterpiece12-05>
  - Dec 6: Holiday Centerpiece, Pam: <https://go.osu.edu/holidaycenterpiece12-06>
- *Wreaths for Our Veterans*
  - Saturday, December 2 at 10 am: 315 E Main Street, Canfield, OH 44406  
<https://go.osu.edu/wreathsforourveterans2023>

For a complete and up-to-date list of events please visit <https://mahoning.osu.edu/events>

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If you want an announcement or information in the MGV Newsletter, please e-mail Candace at [Buonavolonta.1@osu.edu](mailto:Buonavolonta.1@osu.edu) by the 23rd of the month. We welcome articles about you – and your fellow MGVs! It is great to learn even more about our friends and colleagues.