

Community Nutrition Resources

Glenwood Fresh Market

The Glenwood Fresh Market provides year-round access to FREE fresh fruits, vegetables, and other healthy food items to residents of Youngstown and the Mahoning Valley.

Services: Healthy Food Access, Health Screenings

Phone: 330-333-3561

Website: <https://www.yndc.org/programs/glenwood-fresh-market>

Produce Perks Midwest

We make fruits & vegetables affordable for ALL by doubling the value of SNAP. We increase revenues for Ohio farmers & retailers — strengthening Ohio's food system.

Services: Nutrition Incentives for FREE Fruits & Vegetables

Phone: 513-769-7375

Website: <https://produceperks.org/locations/>

Meals on Wheels – Meals on Wheels of Mahoning County, Inc.

A nutritious meal is only the start of the value Meals on Wheels can deliver to keep your most vulnerable members healthy. For nearly 50 years, Meals on Wheels has touched the lives of millions of seniors, providing them with the nutrition they need and human contact they desire. But the benefits of this care and compassion go far beyond, driving notable improvements in their health and your bottom line.

Services: Meal Delivery – use the website to access food distribution in our area

Location: 1840 Market St, Youngstown, OH 44507

Phone: (330)744-3583

Website: <https://www.mealsonwheelsamerica.org/>

Food Resource Guide

DOWNTOWN

Catholic Charities Regional Agency

319 W Rayen Ave, Youngstown, OH 44502

(330) 744-3320

Ohio Relay Service for hearing impaired: 1-800-750-0750

Call for availability – funding based. Do make referrals

Dorothy Day House

620 Belmont Ave, Youngstown, OH 44502

(330) 349-2790

Meal Schedule: Monday-Wednesday weekly, doors open at 4pm, meals served 5pm-6pm

Shower Schedule: Wednesday 12pm (noon)-2:30pm

Rescue Mission of Mahoning Valley

962 Martin Luther King Jr Blvd, Youngstown, OH

(330) 744-5486

Breakfast: 6:30am-7am (7 days/week)

Lunch: 1pm-1:30pm (7 days/week)

Dinner: 6pm-6:30pm (7 days/week)

Saint John's Episcopal Church

323 Wick Ave, Youngstown, OH 44503

(330) 743-3175

Red Door Café: Sunday at 12pm

Food Pantry: 3rd Saturday of every month 10am-11:15am

Saint Vincent de Paul Dining Hall

252 E Wood St. Youngstown, OH 44503

Office Phone: (330) 333-3601

Dining Hall: (330) 746-4004

Monday-Friday 11am-12:30pm

Saturday Breakfast: 10am-11am

Saint Vincent de Paul Food Pantry

317 Via Mount Carmel Youngstown, OH 44503

Office Phone: (330) 333-3601

Food Pantry: (330) 746-1128

Monday-Friday 9am-1pm

NORTH SIDE**Zion Lutheran Church**

3300 Canfield Rd. Youngstown, OH 44511

(330) 792-4046

Food Distribution: 3rd Saturday of every month starting at 9:30am; Zip Codes: 44511, 44515, 44509 (ID & proof of residency is needed)

SOUTH SIDE**Calvary Ministries International/Mt. Calvary**

1812 Oak Hill Ave, Youngstown, OH 44507

(330) 747-4445

Free Meal: every 4th Thursday of the month 4pm-6pm

Easter Seals

299 Edwards St, Youngstown, OH 44502

(330) 743-1168

Home delivered meals to homebound clients. Can deliver once a week. The meals are free to eligible Mahoning and Columbiana County Seniors 60 and older.

New Bethel Baptist Church

1507 Hillman St, Youngstown, OH 44507

(330) 747-2125

Food Distribution: 3rd Thursday of the month 9am-10am

OCCHA

3660 Shirley Rd, Youngstown, OH 44502

(330) 781-1808

Food and Clothing Distribution: Monday-Thursday 9am-3pm (12pm-1pm closed for lunch), must show registration and proof of income

Protestant Family Service

2915 Glenwood Ave Unit 6, Youngstown, OH 44511
(330) 746-4600

Food Pantry: Appointment only, office hours Monday-Thursday 9am-2pm

Salvation Army

1501 Glenwood Ave, Youngstown, OH 44511
(330) 746-8403

Community Meal: Monday-Friday 11:30am-1pm

Food Pantry: Monday and Thursday 9am-11am

Adventist Temple Emmanuel SDA

108 W Indianola Ave, Youngstown, OH 44507
(330) 788-9796

Food Pantry: 4th Sunday of every month 1pm-2pm

Gleaners Food Bank

94 Pyatt Street, Youngstown OH 44502
(330) 746-8436

Food Pantry: Every Tuesday 9am-11pm, photo ID and own bag/box is required

Evergreen SDA Pantry

7668 Glenwood Ave, Youngstown, OH 44512
(330) 726-1645

Food Pantry: 2nd Wednesday of every month 9am-noon (12pm), appoint scheduling Saturdays 11am-2pm

Good Hope Lutheran Church of Boardman

98 Homestead Dr, Boardman, OH 44512
(330) 782-8109

Food Pantry: Must call 1st Monday-Friday 10am-2pm by appointment only, calling will provide information on document requirements