

# Ohio 4-H Conference Registration Booklet

*March 8, 2025*

*Greater Columbus Convention  
Center*

Registration due February 3, 2025



THE OHIO STATE UNIVERSITY  
EXTENSION



College of Food, Agricultural, and Environmental Sciences  
Ohio 4-H Youth Development  
[ohio4h.org](http://ohio4h.org)

CFAES provides research and related educational programs to clientele on a non-discriminatory basis. For more information, visit [cfaesdiversity.osu.edu](http://cfaesdiversity.osu.edu). For an accessible format of this publication, visit [cfaes.osu.edu/accessibility](http://cfaes.osu.edu/accessibility).

# Conference Information

## Full Time Registration

To register for the 2025 Ohio 4-H Conference, complete a registration form and return it to your county Extension office by their deadline. The registration fee is \$40. The cost of parking at the convention center is not included in the registration fee. Registrations received after February 7 will include a late fee. No registrations will be accepted after February 21.

## Cancellation Policy

Registration fees will be fully refunded if your cancellation is received by February 7, 2025. No refunds will be available after February 7. Send cancellation requests to Amy Barr, State 4-H Office, [barr.91@osu.edu](mailto:barr.91@osu.edu).

## Educational Programs Registration

- To register, indicate your first, second, and third choices for each time period on the registration form. Keep in mind that workshops overlap sessions.
- Please note that some sessions are for Teens, Adults, or Both Adults and Teens. If you are an adult, you cannot sign up for a teen only session, and vice versa.
- All workshops and sessions will be filled on a first-come basis.
- Sessions will last 45 minutes. The workshops numbered 600 and higher will last 90 minutes. Posters will also be available to view throughout the day (staffed during Session 2) and Roundtable Sessions are offered during Session 2 and 4.
- You'll want to wear comfortable walking shoes because rooms are located throughout the convention center. All facilities are accessible to people with disabilities.

## Luncheon Options

On the registration form, you must indicate which luncheon you will attend. All youth (ages 13 and older) are encouraged to select the Teen Luncheon option. The Volunteer Luncheon highlights the extraordinary accomplishments of volunteers. The Teen Luncheon recognizes their peers and features a keynote speaker.

## 4-H Market Place

The 4-H Market Place will feature fundraising ideas and promotional materials.

## Conference Schedule

8:00 a.m. ....	Registration Desk Open 4-H Market Place Open
9:00 a.m. ....	Session 1
9:00-10:30 a.m. ....	Workshop A
10:00 a.m. ....	Session 2 Posters Staffed
10:00-11:30 a.m. ....	Workshop B
11:00 a.m. ....	Session 3
12:00 p.m. ....	Luncheons
2:00-3:30 p.m. ....	Workshop C
2:00 p.m. ....	Session 4
3:00 p.m. ....	Session 5
4:00 p.m. ....	Market Place Closes

### Poster Sessions

*Posters will be staffed during Session 2 and will be available in the Marketplace to view throughout the day.*

#### **Buyers Club for Auctions**

Presented by Cheryl Hagerty

#### **Project Starter Kits**

Presented by Christy Clary, Rema Loudon, and Heather Hauke

#### **Pathway to a Profession: Incite into Veterinary Medicine and The Ohio State University Early Commitment Program**

Presented by Michelle Carman

#### **Dress for Success**

Presented by Joy Bauman, Madison Legg, Emma Lansing, and Hailee Greene

#### **Exploring STEM at Camp**

Presented by Maddie Allman and Joy Bauman

#### **Identifying and Communicating the Benefits of Volunteering**

Presented by Jenna Hoyt

# Educational Program Choices

## Workshop A – 9:00-10:30 a.m.

- 601 Are You Bleeding Green on the 4-H Volunteer Meter? Both**  
When a 4-H member looks back to their 4-H participation, will they remember how you worked with them to be a well-rounded "champion kid" with high standards/values or were "negative things" tolerated/allowed to happen? Did you provide opportunities for members to enhance skills in leadership, communication, interpersonal skills, good sportsmanship, citizenship and decision making, plus build their self-esteem? Or, were you worried about having the "right" animal, the "right" fashion look, the "right" everything and doing whatever it took to bring home the champion ribbons for your members? This session will provide a hands-on learning experience, interaction and discussion on what 4-H should be teaching members through their personal development and attainment of high values. Participants will talk about the definitions of competition/winning, sportsmanship, citizenship and leadership, plus explore ways to make the 4-H member experience more meaningful. Limited to 100 participants. Presented by Judy Villard Overocker.
- 602 Empowering Young Adults: An Introduction to Real Money. Real World. Both**  
Join us for an interactive presentation about Ohio State University Extension's Real Money. Real World. program, designed to equip young adults with essential financial literacy skills. This session will explore key concepts such as budgeting, saving, and credit, through interactive activities that make learning accessible and enjoyable. Participants will engage in discussions, an abbreviated simulation, and learn how to get involved with this program in their own county. Limited to 50 participants. Presented by Kelly Royalty, Margaret Jenkins, & Courtney Warman.

## Session 1 – 9:00-9:45 a.m.

- 101 Student Voices: Navigating CCP and College Prep Teens**  
Wondering if College Credit Plus (CCP) is right for you? Hear directly from high school students who are living the CCP experience. This student-led presentation will give you an inside look at the benefits and challenges of taking college courses while in high school, along with tips on balancing these classes with other activities. Presenters will share their journeys in college preparation, offering practical advice on managing workload, staying motivated, and making the most of CCP opportunities. Whether you're just starting to consider CCP or already enrolled, this session will help you make informed decisions about your path to college. Limited to 50 participants. Presented by Campell Reese and TLC College & Career Readiness Committee Members.

- 102 Building Skills for Life** **Teens**  
 4-H members are constantly gaining skills applicable to future careers. How do they translate the tasks at a 4-H meeting, as a teen leader, or even during the fair to the professional world? We will practice writing statements in resumes and applications, prepare teens for interviews, and strengthen professional skills to prepare them for success beyond 4-H! Limited to 50 participants. Presented by Lydia Leeds and Frances Foos.
- 103 Taking the Leap in Leadership** **Both**  
 Embrace the challenge of leadership by mastering the art of event planning! This interactive session will guide participants through the essential components of successful event organization. Attendees will learn to identify key considerations for planning, develop a comprehensive event timeline, and effectively reach out to resources and presenters. Participants will leave equipped with practical skills and resources to implement a well-planned event. Engage with fellow leaders and participate in hands-on activities designed to enhance your planning expertise. Join us to elevate your leadership journey and create memorable experiences for your followers! Limited to 50 participants. Presented by Adrianna Meyer.
- 104 Livestock Project Opportunities at the Ohio State Fair** **Both**  
 Come learn about information and methods of preparation for youth livestock opportunities and contests like skillathons, judging contests, and outstanding exhibitor competitions at the Ohio State Fair. Limited to 100 participants. Presented by MacKenzie Dore.
- 105 State Fair Food and Nutrition Judging: Portfolio Pointers** **Both**  
 Confused or intimidated by Food and Nutrition Judging at the Ohio State Fair? Don't Be! Attend our session to learn how to successfully present your food and nutrition portfolio at the state fair. Portfolio Pointers will answer the following questions (and more!): What exactly is the portfolio? What should it look like? What should be in it? What is its purpose? What are the judges looking for? Join us as for this informative session designed help you to better understand what is needed to participate in Ohio State Fair Food and Nutrition Project Judging. Limited to 50 participants. Presented by: Rhonda Williams, Amanda Bohlen, Megan Taylor, & Peggy Kelly.
- 106 Cloverbud Project Exploration Days** *(Offered again in Session 2)* **Both**  
 If your county is like mine, 4-H "still" projects are continuing on a downward trend. Cloverbuds are eager to get involved but they just aren't ready for the full project experience. So we created "Cloverbud Project Exploration Days" to help get our cloverbuds excited for 4-H and grow their knowledge in what all 4-H has to offer besides livestock. We will walk you through how we hosted this 6 part series and brainstorm how you can replicate this program in your county or club. Limited to 100 participants. Presented by Allison Cooper.

- 107 Thriving Youth: Providing a Sense of Purpose** **Adults**  
 Thriving youth have a sense of hope and purpose. They are aware of a reality bigger than themselves from which meaning and purpose are derived. They see themselves on a path to a successful future. North Central Regional lessons on positive youth development will be shared so you can help your youth be on a thriving path for the future. Limited to 50 participants. Presented by Laryssa Hook.
- 108 Roll Out Your Welcome Mat!** **Both**  
 The anticipation of your first campers arriving at camp is an exciting yet anxious moment for camp counselors. How do you prepare for this moment and what do you do when they get there? This session will share with you helpful tips on how to prepare camp counselors to welcome their campers to camp. Additionally, learn more about cabin kits and the fun things you can stuff in them to excite your campers for a week of camp! Limited to 60 participants. Presented by Leslie Cooksey.
- 109 Sprucing Up Your Fairgrounds! How 4-H Clubs Can Enhance Their Local Fairgrounds** **Both**  
 Join Seneca County Junior Leadership in an interactive session and discover how you can enhance your county fairgrounds. During this session, we will present an overview of the different landmarks and community service projects 4-H clubs can contribute to their local fairgrounds and how you can easily implement them in your county. Join us in an engaged discussion where we share resources and logistics for coordinating 4-H club community service projects. Participants will gain an understanding of community service project planning as well as ideas for potential landmarks to add to their local fairgrounds landscape. Limited to 60 participants. Presented by Katie Cole & Seneca County Junior Leadership.
- 110 Beyond School Enrichment: Promoting 4-H And Growing Partnerships In School Districts** **Adults**  
 Did you know that in Texan High Schools plaques touting grand champion steers and their project owners proudly align hallways, just as regional football championship plaques line high school walls in the State Of Ohio? How do we encourage more comprehensive relationships with our school districts', coaches and outside club leaders, so that coaches, teachers and administrators see the value in the education and knowledge being gained through 4-H programming. Join us to discuss what is working in Jefferson County to: grow relationships with local school districts; promote 4-H accomplishments in the schools; develop programming specific schools' demographics; reach target audiences in an effort to engage more youth and grow enrollment. Limited to 50 participants. Presented by Angie Allison.

- 111 Goats Are Not Dogs: Identification, Prevention, and Treatment of Internal Parasites** **Both**  
 Veterinary Parasitology covers both internal and external parasites. This session will explain common terminology used in the field and provide why this terminology is important to understanding the biology of the parasites. This presentation will include some of the more common parasites of domesticated animals, comparative aspects of the parasites, treatment, prevention and avoiding clinical disease or production losses that can be associated with parasitic infections. Some of these parasites are zoonotic or transmissible to humans, and the concept of One Health will also be included. Limited to 60 participants. Presented by Antoinette Marsh & Michelle Carman.
- 112 Leasing Animals to Show** **Both**  
 Leasing dairy animals to show is a great way to learn about dairy animals, the industry, and careers in the dairy sector. This session will present the viewpoints of the 4-H members, parents, and dairy farmers who lease animals. The presenters will talk about the accomplishments and challenges of leasing dairy projects. The session will identify key points to consider in the lease agreement; responsibilities for the 4-H member, the parents, and the dairy farmer; and list outcomes identified after 15 years of leasing animals. Limited to 60 participants. Presented by Mary Fleming, Addison Brenner, and Lisa Brenner.
- 113 Exploring your VIPs** **Teens**  
 Participants will explore their values, personality, interests, and skills (VIPs) and how those relate to post-secondary success. Participants will learn about planning and research that can help them make informed decisions about their futures, as well as how to find volunteer and learning experiences that will help lead them to post-secondary success. Limited to 60 participants. Presented by Joy Bauman & Landon Williams.
- 114 Picture This: 4-H'ers in Photography** **Both**  
 In the digital age, photography is one of the most economical projects a member can take. Most families already have everything needed, just add some creativity. Come for an overview of the 4-H photography program and engage in project activities. Limited to 50 participants. Presented by Tim Parish.
- 115 How to have an AWARD Winning Project/Project Book** **Both**  
 Navigating projects can be an overwhelming , yet rewarding part of a Clubs year. Come to this session to learn everything about projects! We will touch on EVERYTHING from picking projects to Judging Etiquette . Discussion will also include Group projects and the incorporation of project work into club meetings. Great for Adult volunteers as well as for Youth members. Limited to 80 participants. Presented by Alexa Fulk.

**116 Activities for Building Self-Awareness**

**Both**

Are you interested in learning about your personality and what it means? Growing healthy awareness is critical when exploring where to go to college, determining a career path, interacting with others, and building your future in an ever-changing world! We cannot know where we are going until we take time to explore who we are! During this session participants will explore their preferences and learn aspects of their personality, participate in engaging group activities, and explore ties between personality, self-awareness, and decision making! Join us as we engage in fun activities and discussion to learn about our personalities, and boost awareness about who we are and what we want to do with our futures. Limited to 50 participants. Presented by Tyler Kessler & Crystal Sheppard.

**117 Integrating STEM into your 4-H Club**

**Both**

Strong 4-H clubs include an educational portion of the meeting. This educational time is a great opportunity to integrate STEM activities into your 4-H club meetings. Join us for this session which will give you easy ways to add STEM to your meetings - everything from 4-H projects to easy activities. Presenters will share reasons why STEM is important, how STEM was included in a 4-H club's agenda and lessons for you to take home. Presenters will also share resources for you to access. Come prepared to try activities so you can be ready to share them with your 4-H members. Limited to 50 participants. Presented by Christy Millhouse & Karen Roby.

**118 Veteran's Honor Quilts**

**Both**

Veteran's honor quilts are a great way to promote citizenship and community service. Members involved in this project have the potential to connect with veterans and gain a greater appreciation for their personal sacrifice. Session attendees will learn about honor quilt programs, specifications for quilts, and presenting quilts to veterans. Come sew a square (beginner level) and contribute to a statewide veteran's honor quilt service project! The quilt squares made during the session will be sewn into a quilt for presentation at the 2025 Ohio State Fair Quilt Day. Limited to 50 participants. Presented by Christine Kendle.



## **Workshop B – 10:00-11:30 a.m.**

- 701 Club Activities for Strengthening Meetings** **Both**  
This workshop will focus on club activity kits and grab-and-go activities that can be used with your club. We will share fun ideas and activities to make your 4-H meetings interesting, exciting, and enjoyable. Some activities will be educational, while others will focus on helping club members get to know each other. We will describe and demonstrate activities that can be used in club meetings. Participants will have the opportunity to try out these activities in a hands-on learning environment. Limited to 60 participants. Presented by Megan Taylor & Christy Leeds.
- 702 Sew and Go!** **Both**  
Come learn how to construct and sew a pillowcase! With your special touch, the possibilities are endless! Also, you can choose the type of fabric you desire when making it yourself! This is a perfect community service project, as well. Get your club members involved, and Sew and Go! Limited to 25 participants. Presented by: Emily Masters, Erin Simpson-Sloan, and Colleen Scharfenberg.
- 703 Confronting the Criticism: How to Self-Assess, Not Self-Destruct** **Both**  
No matter how many times you've been subject to it: criticism, good or bad, can feel like an attack. For most of us, criticism is scary, and often times met with mixed results. If you are one in the millions of people who shudder at the thought of criticism no matter how "constructive" it's meant to be, then this session is for YOU. In this next installment of the "Caring Through Conflict" series, we take an honest look at what criticism really means, unpacking our own interpretation behind the act of critiquing, the power behind the words you speak, and the tools we can use to fully assess our actions and the accountability we bring to the table. This session will offer open discussion and hands-on activities that will guarantee healthy results to address and grow from criticism. Limited to 50 participants. Presented by Caitlyn Romshak.
- 704 Leadership Pizza Olympics** **Both**  
This workshop is a fun way to introduce leadership topics to a group. Five games related to teamwork, communication, critical thinking, and outside factors affecting whether your team wins or loses the Olympics. Activities include pizza team chant, Leadership pizza, pizza puzzle, pizza relay, and points for the first pizza delivered. All but the last activity is judged by a panel or timed, and points are given to each winning team. The outside factor of pizza delivery people teaches participants that even if you have done everything perfectly, sometimes things that happen are out of your control. Everyone still wins with pizza in the end! This is a fun way to start conversations about leadership and create team bonding. Limited to 60 participants. Presented by Sierra Baca & Jacki Baca.

## **Session 2 – 10:00-10:45 a.m.**

- 201 2025 4-H Projects! What's New, What's Revised, What's Discontinued Both**  
*(Offered again in Session 5)*  
Meet the 4-H Editorial team from Extension Publishing and join our session to learn about 2025 4-H Projects. See what's new, revised, and discontinued. Do you have an idea for a new Self-Determined Idea Starter or a new 4-H project? We'd love to hear about it! This session is also an opportunity to share your thoughts about curriculum concerns. Feedback from volunteers and members informs our work as we develop new curriculum. We look forward to meeting you! Limited to 50 participants. Presented by Rhonda Williams & Carrie Davisson.
- 202 State Dog Committee Updates Both**  
Listen to State Dog Committee updates, including rule updates and changes and state fair dates. Limited to 60 participants. Presented by Renee Clark, Barbie Cline, Shelly Harris, & Sara Deakin.
- 203 Learning Biosecurity Through Hands On Activities (Offered again in Session 3) Both**  
Biosecurity is an important way that we keep ourselves and animals safe from diseases or infectious disease. To make sure youth exhibitors know how to properly practice biosecurity we have made different hands on activities for youth that goes over different aspects of biosecurity that youth exhibitors should be familiar with when working and showing animals. Each activity will have curriculum to go with the activity so participants are able to take it back to their 4-H clubs and reteach lessons. Limited to 60 participants. Presented by Marissa Hall, Jacqueline Nolting, and Jayden Black.
- 204 Charting Your Future: Mastering College Applications and Pathways Both**  
This program equips students with essential skills for navigating the college application process and exploring post-secondary education pathways. We'll guide them through selecting schools (whether community colleges, four-year universities, vocational schools, or online programs) understanding application components, and crafting impactful personal statements. Students will learn to highlight their extracurricular activities, such as 4-H and FFA, to showcase their leadership and community involvement. Additionally, we'll provide strategies for managing deadlines and staying organized, ensuring they present a strong, well-rounded application. By the end, students will be prepared to tackle the college admissions process with confidence and clarity, and make informed decisions about their future educational and career pathways. Limited to 50 participants. Presented by Margo Overholt-Seckel & Alix Null.
- 205 Older Youth Opportunities Teens**  
In this session participants will get to engage with members from the Ohio 4-H Teen Leadership Council to learn about county, state, and national 4-H opportunities. We will be discussing everything from camp counseling, junior leaders, TLC, National 4-H Conference, and more! Limited to 50 participants. Presented by Teen Leadership Council Members.

- 206 Maximize Your Harvest Through 4-H Growing Projects** **Both**  
 Would you like to learn how to grow your own food? Growing projects such as Grow Your Own Vegetables and Growing with the Seasons are some of the most popular and rewarding 4-H projects to participate in. Come learn the tips and tricks to not only get the most out of your growing project but to maximize your harvest of fresh, healthy vegetables. Limited to 60 participants. Presented by Dr. Tim McDermott.
- 207 Talk Money, Marketing, and More with the Ohio 4-H Foundation Board** **Both**  
 Join Foundation board members to learn ways to tap into funds available for current programs and ideas to market 4-H and grow endowment funds in your county. We will provide examples of how the foundation can support marketing 4-H locally as well as include a round-table discussion offering opportunities to share and learn from your peers on local fundraising for county endowments. Please bring your ideas to share. Everyone who attends our session will receive resources for your county as well as a 4-H giveaway. Limited to 100 participants. Presented by Crystal Ott, Megan Frilling, Ren Hopkins, & 4-H Foundation Board Members.
- 208 Cloverbud Project Exploration Days** *(Offered again in Session 1)* **Both**  
 If your county is like mine, 4-H "still" projects are continuing on a downward trend. Cloverbuds are eager to get involved but they just aren't ready for the full project experience. So we created "Cloverbud Project Exploration Days" to help get our cloverbuds excited for 4-H and grow their knowledge in what all 4-H has to offer besides livestock. We will walk you through how we hosted this 6 part series and brainstorm how you can replicate this program in your county or club. Limited to 100 participants. Presented by Allison Cooper.
- 209 Relationships 101** **Both**  
 A vital component of being healthy is having positive relationships, and peer relationships and friendships are critical relationships throughout an individual's life. Relationships 101 is a new 4-H project book with 10 activities that guide youth to learn more about healthy relationships and how to develop healthy relationship behaviors. In this session, we will review the background on healthy relationships, overview the components of the project book, and lead participants through several of the activities, concluding with a discussion about the project book can adaptable to a variety of settings. Limited to 60 participants. Presented by Theresa Ferrari & Teen Leadership Council Healthy Living Committee.
- 210 Actions Speak Louder than Words** **Teens**  
 Some people think the best camp counselor is the one who can talk the loudest. Communication is much more than using our voice. Fifty percent of a messages' impact is a result of nonverbal communication. A favorite childhood toy, Mr. Potato Head, can help us understand how facial expressions and body language impact our message. Learn how to use the right face in the right place during this session! Limited to 50 participants. Presented by Jamie McConnell.

- 211 Are YOU Interview Ready? Teens**  
 Do you have a job interview coming up or will you be interviewing for scholarships, awards, or older youth opportunities? If so, then this session is for you! Having great interview skills is always a must. Scholarship and award selection committees are looking for the best of the best. We will explore both dressing and preparing for an interview. Participants will leave with the ability to prepare interview questions, develop answers, and know how to practice. If there is time we will practice!! Are YOU Interview Ready? Limited to 50 participants. Presented by Angie Holmes & Mary Beth Albright.
- 212 Ohio 4-H Horse Program Updates & What You Need to Know Both**  
 Come and learn about updates in the Ohio 4-H Horse program and get your questions answered for all things 4-H equine related! Limited to 100 participants. Presented by Dr. Kim Cole & Dani Seitner.
- 213 Discover Ohio Both**  
 Ohio has many interesting things to discover and celebrate. Topics will include Geography, Nature, Animals, History, and Agriculture. Cloverbud leaders can learn about materials available to use during meetings. Some materials will be available as well for older club members too. A resource list will be presented to take home. Limited to 100 participants. Presented by Russ Mayer
- 214 Sustainability to Service- Getting an Inside Glimpse of the New Both**  
**Be a Sustainability Hero! Project Book.** *(Offered again in Session 3)*  
 Meet one of the authors of the new "Be a Sustainability Hero!" project book and the "Going Green" Idea Starter. Become inspired on ways you, your club members or your community can make a difference! 4-H members, be sure to bring your project book and ask questions, it's a great way to make the project your own! This session will discuss creative ways clubs can tie sustainability to community service projects, creating treasures out of trash for exhibition or gift giving, and ways to eliminate excess trash during club meetings. Limited to 60 participants. Presented by: Audrey Dimmerling, Alisha Faudie, & Beth Smith.
- 215 Health Impacts Your Life Both**  
 Do you feel run down or have trouble focusing? We will discuss some good health practices that can move you towards better health. We will share about the food target in order to help you have a quick method of evaluating what you eat and how to make small changes towards healthier habits. Knowledge is power so we will look at some food history and what has brought us to our current options. Exercise doesn't need to make you cringe. Sleep, is often something that we surrender, but how does that impact us? Are there things we can do in order to train ourselves to be better at sleeping? How many days does it take to get to better health - come and find out? This fast paced class will get you thinking about eating, moving and sleeping in order to make the best, better. Limited to 60 participants. Presented by Amy Fleshman & David Fleshman.

- 216 Fabric Frenzy: A Way to Build Your Community and Your Bank! Both**  
 Fabric Frenzy is a wonderful event that can help your community, 4-H members, and your county funds! Fabric Frenzy was started in Mahoning in 2019 in order to help 4-H members with sewing projects by offering them affordable fabric and practice pieces of a wide variety of fabric types and colors. This totally donated event continues to grow and change each year but remains a constant help to our community and 4-H members. The Fabric Frenzy has been successful year after year by providing opportunities, providing resources, and we have even seen fabric frenzy pieces go on to receive top honors at the state fair! Limited to 100 participants. Presented by Kristen Eisenhauer.
- 217 Kicking off your Meetings on the Right Foot II Adults**  
 Tired of members coming into your meetings distracted or disconnected? Do limited space or resources stop your club from planning games or ice breakers? Come learn and play some simple, out of the box, attention grabbing games. The idea of these games are to engaged everyone and not make people "get out of their comfort zone". This year will include new ideas from previous year presentations. Limited to 100 participants. Presented by Beth Guggenbiller.
- 218 How to Add STEAM Activities to Club Meetings and Events. Adults**  
 STEAM (Science, Technology, engineering, arts and mathematics) is everywhere; incorporated into 4-H projects, school enrichment programs and even club activities. But how do we add STEAM activities into our club meetings and events? This session will explore how to add STEAM activities into 4-H Club meetings and events by looking at existing activities and restructuring to benefit more life skills while learning by doing. Limited to 50 participants. Presented by Danielle Combs.
- 219 Roundtable Session: Success Stories from Ohio 4-H Award Winners**  
 Hear from previous Ohio 4-H Volunteer award winners in various categories such as Community Service, Innovator, etc. and share ideas for programming in your local 4-H programs. Limited to 20 participants.
- 220 Roundtable Session: Project Exploration – Growing 4-H Beyond Livestock**  
 Discuss ways to get more 4-H youth excited about the wide variety of projects available in 4-H that aren't just livestock. Limited to 20 participants.
- 221 Roundtable Session: Increasing Member Engagement in Clubs**  
 Share ideas on how to get your members engaged in 4-H club activities through various initiatives such as club activities, mentorship programs, and more! Limited to 20 participants.

### **Session 3 – 11:00-11:45 a.m.**

- 301 Educating Tomorrow's Farmers: Mastering Welding Skills Beyond the Basics Both**  
This session focuses on teaching welding skills that young farmers might not learn on the farm and concepts that are difficult to grasp. Will share approaches to making these complex skills accessible, bridging the gap between hands-on farm experience and the technical knowledge needed in today's world. Limited to 50 participants. Presented by Chris Tkach.
- 302 Creating a Winning Resume and/or Job Application Both**  
It has been reported that employers spend an average of six seconds looking at a resume to determine whether to keep or trash it. So, your resume needs to look professional and sell yourself at a glance. Participants will learn how to utilize their skills and experiences to build a great resume and successfully complete a job application. Limited to 50 participants. Presented by Joy Bauman & Callie Farmer.
- 303 Advisors, You are the Hub of the Wheel 2.0 Adults**  
As an advisor you are KEY to the success of the 4-H program! You are the hub of the wheel for the 4-H member, parents, and the county educator. We have a lot of responsibility and sometimes there is so much coming at us, that we can get be confused or even derailed. Come to this session to celebrate your role as a club advisor, Jr. Fairboard advisor, 4-H Committee/Council member, etc.! We will review the purpose of 4-H, our unique roles and how to be effective. We will review the importance of positive youth development. We will share some tried practices that have had success. Help your club or board work together to schedule meeting activities/plans for a year. How do we demonstrate the 4 H's are important? Is character development more important than awards? This will be a fast paced session that covers a lot of content. This has been a well-liked session (slightly revised) for advisors who may need some encouragement! Limited to 80 participants. Presented by Amy Fleshman.
- 304 Being Creative with Creative Arts Both**  
Creative Arts has so many opportunities and project possibilities! This session will cover what to expect at project judging for Creative Arts day, specifically at the state fair and what kind of projects are available to explore! Limited to 60 participants. Presented by Tammie Strawser.
- 305 DEI in 4-H: Lessons Learned from Adventure Central Adults**  
During this roundtable discussion, we will explore the real-world challenges and mistakes we encountered while implementing Diversity, Equity, and Inclusion (DEI) initiatives at Adventure Central. Rather than focusing on what we got right, we aim to share the lessons learned from missteps along the way. Topics will include navigating the sensitive use of pronouns, creating an inclusive environment for participants with disabilities, and the unique hurdles faced while embracing students who had recently immigrated to the U.S. Join us for an open and honest conversation about overcoming these and other obstacles to foster a truly inclusive environment for all. Limited to 50 participants. Presented by Crystal Sheppard, Angela Collie, and Tyler Kessler.

- 306 Bridging JFB, Committees, and Extension Utilizing FairEntry** **Both**  
 The fair can be hectic. Ensuring that correct results are recorded can be a challenging task. The show binders that we have developed are an amazing communication tool for getting results. Building partnerships between department committees, junior fair board, and Extension has ensured that the binders return with needed information. The binders are created with FairEntry judging sheets and have added award lines for trophies. Junior fair board members are empowered with the responsibility of gathering results. Come see our binders and FairEntry settings to help you get clean results back, too! Limited to 100 participants. Presented by Jacci Smith, Laryssa Hook, & Delaware County Junior Fairboard.
- 307 Keep Your Camp Boat Afloat!** **Teens**  
 Camping programs are more successful if each counselor demonstrates initiative in all aspects of their role. Participants will explore how their personal motivation and commitment impact the camp counselor team. They will discuss strategies to inspire each counselor to be a "paddler", not a "sitter" or "sinker", which will make the "camp boat" travel straighter, faster and farther. Limited to 50 participants. Presented by Jamie McConnell.
- 308 Opportunities with Ohio 4-H Immersion Programs** **Both**  
 This session will highlight three Ohio 4-H Immersion programs – Urban Immersion – Washington DC; Cultural Immersion – Puerto Rico; and Global Immersion – Greece. Learn about the program benefits and how these cross-cultural experiences can expand and enrich 4-H teens and your county program upon their return. This session will also highlight the 4-H Professionals Cultural Immersion experience in Puerto Rico which takes place on even years. Limited to 80 participants. Presented by Steve Brady.
- 309 What? There's More Than Livestock Projects!** *(Offered again in Session 5)* **Both**  
 Members only picking livestock projects? Let's explore fun ways to learn what other 4-H projects Ohio has to offer! When working with your club, community stakeholders, or recruiting members we will give you ideas and tools using no technology and technology to create awareness of the many of the projects and their awesomeness! Limited to 50 participants. Presented by Becky Barker, Russ Mayer, & Amanda Staley.
- 310 Learning Biosecurity Through Hands On Activities** *(Offered again in Session 2)* **Both**  
 Biosecurity is an important way that we keep ourselves and animals safe from diseases or infectious disease. To make sure youth exhibitors know how to properly practice biosecurity we have made different hands on activities for youth that goes over different aspects of biosecurity that youth exhibitors should be familiar with when working and showing animals. Each activity will have curriculum to go with the activity so participants are able to take it back to their 4-H clubs and reteach lessons. Limited to 60 participants. Presented by Marissa Hall, Jacqueline Nolting, & Jayden Black.

- 311 ExtraOrdinary Days in the Ring - Making Your Fair Accessible to People of All Abilities** **Both**  
 A successful fair requires careful attention to accessibility - buildings, facilities, walkways, show arenas, entrances, exits. This summer CFAES DEI and Ohio AgrAbility staff travelled across Ohio visiting the Ohio State Fair and 24 county fairs to attend ExtraOrdinary Days in the Ring shows. These non-competitive shows are inclusive livestock classes where 4-H or FFA mentors are paired with individuals with disabilities to show animals at the Fair. Inclusive classes require proactive planning that goes beyond baseline accessibility. The classes also offer opportunities to collaborate with community agencies and schools for workforce development and inclusion initiatives. Join us to explore everything you need to ensure that the whole fair is accessible and welcoming to attendees of all abilities. Limited to 100 participants. Presented by Laura Akgerman, Dee Jepsen, & Rachel Jarman.
- 312 The Mental Wellness Toolkit for 4-H Advisors, Staff and Youth** **Both**  
 Looking to grow your mental wellness toolkit? Join us as we share tools to boost mental health awareness, maximize cohesive working relationships, and enhance mental wellness across 4-H programs. Participants will gain an understanding of resources NAMI (the national alliance of mental health) can provide in the form of educational presentations for youth and adults on mental health awareness and positive coping skills; receive a new crisis card that will provide basic, non-prescriptive language you can use to respond to program participants in need; and learn a temperament trait activity that can be easily implemented with 4-H adults and youth to maximize working relationships in 4-H by understanding what makes others tick and what we all have to offer. Join us for demonstration and discussion that will bring tools to boost wellness across 4-H programs and continue to make the best better! Limited to 50 participants. Presented by Tyler Kessler, Lisa Mann, & Laryssa Hook.
- 313 Club Experiences for the Real World** **Adults**  
 Mock judgments, clinics, workshops and more! Learn about the 4-H Targeting Life Skills Model and how 4-H volunteers can be intentional with offering educational opportunities to members for the real world. Participants will be provided with tools to use in designing the educational component of a 4-H club meeting to incorporate real world club experiences into their 4-H club's program. Limited to 60 participants. Presented by Leslie Cooksey.
- 314 Youth Production Livestock Field Days** *(Offered again in Session 4)* **Both**  
 A 4-H and Ag and Natural Resources Educator collaborated with local veterinarians and livestock producers to offer two youth field days focused on teaching production livestock practices. The days consisted of sharing research-based knowledge, practical applications, and years of wisdom and insights gained from experience. This session will share outlines, potential partnerships, budgets, and complicated things to consider when planning a youth field day of your own. Limited to 100 participants. Presented by: Kate Wells, Ty Hamilton, & Amy Smythe.



- 315 You Be the Judge** **Teens**  
 If you have an interest in learning more about judging livestock, this session is for you. 'You Be the Judge' will give you an outline of multi-species livestock judging, taught by seasoned 4-H Showmen. Limited to 100 participants. Presented by Teen Leadership Council Animal Science Committee Members.
- 316 YOU Can Do It! Helping 4-H Members Overcome the Fear of Public Speaking** **Both**  
 Research is very clear that public speaking is the number one fear in life for many humans. Research also supports that providing public speaking experiences at a young age provides people with a better chance to master good communication skills and overcome the fear of public speaking. 4-H volunteers and teen leaders can teach public speaking skills during club meetings and other club activities. Learning can be through individual activities or as a total group. It is not hard to teach public speaking and, most of the time, it turns out to be really fun for the members and the advisors. During this session, participants will have hands-on learning experience in getting 4-H members started in public speaking. Participants will learn how small steps in communication skill development can lead to more advanced opportunities in public speaking. Don't miss the fun and the challenges of teaching public speaking! Limited to 60 participants. Presented by Judy Villard Overocker.
- 317 Access to the Fashion Industry Through Community College Education** **Both**  
 The Fashion Design and Retail Merchandising program at Hocking College provides students with an entry into the fashion industry. Our session describes how this program delivers excellent training resulting in pathways to transfer, job entry, or entrepreneurship. Through connection and partnership across the region, our comprehensive academic offerings are fostering opportunities that address community issues and serve a population who are traditionally underserved. The program's entrepreneurship venture and internship requirements empower students with real-world experience. The immersive hands-on teaching approach contributes to student success by fostering creative problem-solving throughout the entire curriculum. Join us to learn all about the Hocking College Fashion Design and Retail Merchandising program. Limited to 100 participants. Presented by Mary Roediger & Coral Wedel.
- 318 Ohio State Fair Clothing Judging and Related Opportunities** **Both**  
 Ohio State Fair Clothing judging can be a little daunting, especially for those who are early in their 4-H clothing career! During this session, participants will learn about the in's and out's of clothing judging including what to bring to the Ohio State Fair and what to expect during the judging event. Participants will also learn about additional opportunities for awards and involvement that go beyond their project books. Limited to 50 participants. Presented by Christine Kendle, Shannon Carter, Jami Dellifield, Laryssa Hook, & Danielle Combs.

- 319 STEM Activities for Youth with Machine Learning and Artificial Intelligence** *(Offered again in Session 5)* **Both**  
 Machine Learning, the basis of artificial intelligence technology, is becoming a key part of our world. In this session, we will break down machine learning concepts into manageable, bite-sized activities. Through demonstrations of tools like Google's Teachable Machine and Scratch block coding, participants will gain a deeper understanding of how machine learning works, how it powers everyday applications, its role in artificial intelligence and its potential in education. Join us to gain knowledge, resources and insights that will empower your community to navigate the evolving world of technology with both curiosity and responsibility. Limited to 60 participants. Presented by Cynthia Canan.
- 320 Sustainability to Service- Getting an Inside Glimpse of the New Be a Sustainability Hero! Project Book.** *(Offered again in Session 2)* **Both**  
 Meet one of the authors of the new "Be a Sustainability Hero!" project book and the "Going Green" Idea Starter. Become inspired on ways you, your club members or your community can make a difference! 4-H members, be sure to bring your project book and ask questions, it's a great way to make the project your own! This session will discuss creative ways clubs can tie sustainability to community service projects, creating treasures out of trash for exhibition or gift giving, and ways to eliminate excess trash during club meetings. Limited to 60 participants. Presented by Audrey Dimmerling, Alisha Faudie, & Beth Smith.
- 321 So You're Thinking About Attending Ohio 4-H Spark EXPO?** **Both**  
 Curious about Ohio 4-H Spark EXPO? Hear from students who've attended it! This candid, student-led presentation will give you an inside look at Spark EXPO: what it's really like, from the hands-on activities to exploring potential career paths. Learn how Spark EXPO offers unique opportunities for career exploration, especially in fields like food, agriculture, and environmental sciences, in partnership with Ohio State's College of Food, Agricultural, and Environmental Sciences (CFAES). Our presenters will share their experiences, highlight how the program helped them discover career interests, and discuss the support available for planning their futures. Whether you're passionate about agriculture or still finding your path, this session is your chance to ask questions, hear real stories, and discover how Spark EXPO can help ignite your interests and connect you with future possibilities. Limited to 100 participants. Presented by Campbell Reese & Ohio 4-H Spark EXPO Participants.

## **Workshop C – 2:00-3:30 p.m.**

- 801    Go ahead, LAUGH!!!** **Both**  
Laughter is a universal language. This workshop focuses on the holistic health benefits of incorporating laughter into our lives, no matter our age. Learn about the mental and physical health benefits of laughter. Discover how laughter can help people heal from and process trauma. Enhance relationships and increase team building by incorporating more laughter into your work and your life. A couple quick questions: how many times a day do you laugh? When was the last time you had a good belly laugh? If you don't know or you aren't sure, THIS is the session for you! And even if you do, come laugh some more with us! We will distinguish genuine laughter from simulated laughter (hint, hint, they both give you health benefits) as we practice laughter exercises and develop a personal laughter prescription. Limited to 80 participants. Presented by Misty Harmon, Kenneth Stewart, Susan Zies, & Lorrissa Dunfee.
- 802    2025 Livestock Quality Assurance Certification for Youth Exhibitors** **Teens**  
Quality Assurance training is an annual requirement for youth livestock exhibitors to complete in order to exhibit their livestock projects at their county or state fair. This session will go through a full training that will grant you the certification needed for their QA training for 2025. Please check with your county to make sure that this qualifies for your county. Limited to 50 participants. Presented by Andrea Rees.
- 803    Collections: Buttons Buttons Who has the Buttons?** **Both**  
Do you have a collection of buttons or are you an eclectic collector? Learn how to organize your collection and different ways to display your collections. We'll help with project selection using your collection. You'll make something to take home. Limited to 50 participants. Presented by Roberta Klaus & Diane Westfield.

## **Session 4 – 2:00-2:45 p.m.**

- 401 Introducing Scent Work into the 4-H Dog Program** **Both**  
Scent Work is a dog sport based on the task of working dogs to locate scent and communicate to the handler that scent has been found. Dogs use sense of smell in a way that is fun, engaging, and builds and strengthens a foundation of trust between the dog and handler. Kids of all ages and abilities can have success with relatively short amount of training time. This session will explain Scent Work and provide thoughts on how to incorporate it into your county dog program. Limited to 80 participants. Presented by Renee Clark.
- 402 Blueprints for Tomorrow: Crafting 4-H Youth Pathways with YouScience** **Both**  
YouScience provides critical insights into the natural aptitudes of Ohio's youth, revealing strong potential in fields like Computers & Technology, Advanced Manufacturing, Agriculture & Natural Resources, and Health Science. Many young people, including 4-H youth who now have access to YouScience, lack exposure to these promising industries. As 4-H professionals, volunteers, and youth members, you have the power to close this gap. By utilizing YouScience data, 4-H can tailor programs that align students' inherent strengths with career opportunities, ensuring they are better prepared for the future. This approach not only fosters career readiness but also helps build a talented workforce for Ohio's key industries. Together, we can harness these insights to guide youth toward successful, fulfilling careers that match their unique abilities. Limited to 60 participants. Presented by Margo Overholt-Seckel.
- 403 Are you the Chairman of the Board or the Bored?** **Adults**  
Meetings...meetings...meetings! Are your club meetings operating within the most productive learning environment? Or, are many of your meetings poorly organized and carelessly organized? Would the meeting time have been more productive if the meetings were better managed? Do you plan meetings with quality output as the intended result? Meetings are a major communications network for 4-H members to keep informed, develop relationships with other members/advisors and provide experiential learning. Through brainstorming and role-play, participants will learn why some meetings are unproductive. Interactive activities will be shared to help 4-H volunteers implement more effective meetings, plus set a standard to conduct more productive meetings with youth. A checklist for conducting 4-H meetings and tips for making meetings more exciting will be shared. Limited to 80 participants. Presented by Judy Villard Overocker.
- 404 Spark Your Imagination: 4-H Project Exploration** **Both**  
In this session participants will be able to learn how to fill out a winning project book as well as be able to go into small groups to learn about different project areas such as, animals, food and fashion, STEM, leadership, and more! This session is open for anyone who wants to learn more about their project or curious about what projects are offered. Limited to 60 participants. Presented by Teen Leadership Council members.

- 405 What is STEM? Both**  
 We will be discussing what STEM encompasses. This will include projects that can be taken through 4-H and future career opportunities as well as a short STEM activity. Limited to 50 participants. Presented by Teen Leadership Council STEM Committee Members & Cynthia Canan.
- 406 Junior Leaders Connecting with Cloverbuds Both**  
 Teen leaders have a unique opportunity to connect with our youngest members and serve as positive role models throughout the 4-H program year. Session attendees will learn about fun ways to incorporate county Cloverbud activities into their teen leadership program and be given tools and advice for successful (and easy) implementation. Limited to 50 participants. Presented by Christine Kendle, Michelle Moon, & Tuscarawas County Junior Leaders.
- 407 Ohio 4-H Shooting Sports- Opportunities Both**  
 Ohio 4-H Shooting Sports in one of the leading programs for youth and adult volunteers alike-- and with so many helping hands involved to make this program a success comes endless opportunities to go and grow statewide and beyond. Meet some of our youth ambassadors and dedicated volunteers and get to know all of what makes up this fantastic program, and leave this session excited to join an amazing facet of the Ohio 4-H Program. Limited to 60 participants. Presented by Caitlyn Romshak & Shooting Sports Ambassadors.
- 408 Thriving 4-H: How We Make the Best Better Adults**  
 The 4-H Thriving Model predicts that participation in high-quality youth development programs helps youth thrive, and thriving youth achieve key developmental outcomes. The model illuminates the process of positive youth development with theoretical and practical applicability to programs employing a positive youth development approach (Arnold & Gagnon, 2019). The 4-H Thriving model is based on the extensive body of research in youth development and builds on the 5Cs model that resulted from the 4-H Study of Positive Youth Development (Lerner & Lerner, 2013). While we all believe 4-H is an amazing program, it takes intentionality and purpose from all of us to keep our youth development efforts strong. Join this session to learn more about the model and helpful resources that can be used to make your program even better. Limited to: 60 participants. Presented by: Nate Arnett
- 409 Volunteer Competencies through Lunch 'N' Learn Trainings Adults**  
 Join us for an engaging session about our Lunch 'N' Learn trainings focused on important volunteer competencies. This interactive training was used as a four week online training designed to equip volunteers with the skills and knowledge necessary for effective 4-H clubs. In this session, we will explore key topics including: Effective Communication, Financial Management & Fundraising, Creating Positive Club Culture, and Member Retention & Engagement. These trainings were set up as bite size training and support for busy volunteers. Limited to 80 participants. Presented by Erin Dailey, Jo Williams, Kristy Watters, Rachael Fraley, & Joy Bauman.

- 410 From Comfy to Corporate: Navigating Dress Codes with Confidence** **Both**  
 Casual, Business Casual, Formal, Dressy...Do you know what to wear based on these descriptions when the event or invitation dictates the proper attire? Let the 2025 State Fashion Board help! The session is geared toward feeling confident in your clothing choices and knowing how to dress for various occasions so you are prepared for work, college and beyond. This interactive session will include examples and demonstrations of outfits and accessories. Limited to 50 participants. Presented by Laryssa Hook, Danielle Combs, & State Fashion Board Members.
- 411 Get Your Cloverbuds Involved in the 2025 Cloverbud Engineering Adventure** **Both**  
 The Ohio 4-H Cloverbud Engineering Adventure gives 4-H Cloverbuds the opportunity to work cooperatively in teams to problem-solve using STEM (science, engineering, technology and math) skills utilizing interlocking bricks (i.e. Mega Bloks, LEGOS). Learn how your Cloverbuds can participate in this engineering adventure and how the Cloverbuds can attend a regional showcase to share their experience, model and poster with an interview team. The session will share tips on how to organize and prepare your Cloverbuds for the 2025 adventure and the learn more about the 2025 theme. Limited to 60 participants. Presented by Bruce Zimmer, Christy Millhouse, & Rebecca Supinger.
- 412 Stacking Your Deck of Older Youth Opportunities** **Both**  
 Stack your DECK of 4-H accomplishments and set yourself up to achieve positive, once in a lifetime opportunities as a 4-H teen. Learn about the Ohio 4-H Achievement Form, state/national/international trip opportunities, scholarships and other awards. Explore even more by talking to your local 4-H Extension Educator about local opportunities. If you don't ask, you don't know...find out what you're missing in your HEART, by ACEING 4-H recordkeeping and applications. Create a FULL HOUSE and build your 4-H resume. Limited to 60 participants. Presented by: Leslie Cooksey.
- 413 Keeping and Motivating Volunteers Using Stay Interviews** **Adults**  
 Many advisors, educators, and other leaders have faced a common dilemma of losing volunteers just to hear they left due to an issue or situation we could have been addressed, if communicated. Stay interviews are a method of building and maintaining connection to our volunteers and allowing them space to allow us to hear why they volunteer with us and what can we do as the leader to support their work as a volunteer. This session will introduce what stay interviews are (and are not), how they can benefit your program and/or club and the basic process and questions to do in a stay interview. Limited to 80 participants. Presented by Diane Mashburn & Teresa McCoy.

- 414 No Need for Bubble Wrap: Resiliency Tools for Teens** **Teens**  
 Are you resilient? Do you have the tools to navigate life's challenges and setbacks with confidence? This session offers you the opportunity to evaluate your level of resilience when it comes to dealing with life's obstacles. Learn about the skills you need to remove the bubble wrap and enter adulthood ready to take on life's challenges. By empowering you to adapt and thrive, you will see that challenges are a part of life and that you have the means needed to persevere. Limited to 50 participants. Presented by Beth Boomershine & Rachel Stoneburner.
- 415 Youth Production Livestock Field Days** (*Offered again in Session 3*) **Both**  
 A 4-H and Ag and Natural Resources Educator collaborated with local veterinarians and livestock producers to offer two youth field days focused on teaching production livestock practices. The days consisted of sharing research-based knowledge, practical applications, and years of wisdom and insights gained from experience. This session will share outlines, potential partnerships, budgets, and complicated things to consider when planning a youth field day of your own. Limited to 100 participants. Presented by Kate Wells, Ty Hamilton, Amy Smythe.
- 416 Favorable Skills of Team Player and Leader** **Teens**  
 Can anyone be a team player? Does everyone have leadership skills? Let's look at some of our favorite movie characters and see how they fit the role. Limited to 100 participants. Presented by Beth Guggenbiller.
- 417 Working In Groups To Solve Problems** **Both**  
 Share a problem-solving approach to work through an issue or make a decision when working in a group. Participants will learn about an 8-step problem solving approach and have the opportunity to work through a problem using the steps. The approach is helpful to individuals whether adult or youth that work in groups or committees and need to make a decision or solve a problem. Limited to 50 participants. Presented by Pamela Montgomery.
- 418 You're Out of 4-H, Now What?** **Both**  
 Are you nearing the end of your career as a 4-H member? Are you worried about the next steps after graduating the 4-H program? Join Collegiate 4-H members from The Ohio State University as they discuss ways to stay involved in 4-H after your last year. This session will include a variety of ways to stay involved in 4-H and will provide an opportunity to network with others who share a passion for 4-H. Limited to: 50 participants. Presented by: Haven Hileman, Elizabeth Fannin, Matthew Swearingen, & Brooklyn Wolf
- 419 Money Fundamentals!** **Both**  
 Money, Money, Money, Money! Everyone wants it but not everyone knows how to be financially smart with it. Come learn the basic skills of making and saving money. This should be taught at an early age so kids can start making good money decisions when they're young, so this continues into adulthood. We'll discuss financial strategies and play games that you could play at your 4-H club meetings. Limited to 60 participants. Presented by Amanda Staley.

- 420 Keys to Successful Woodworking Projects** **Both**  
 Are you ready to make a woodworking project? Covering the basics to advance woodworking projects for all ages. An overview of woodworking projects books and levels and what a project looks like from start to finish. Starting with picking your project, building, to completing judging at the state fair. An update on acceptable tools for each project level and the skills judging changes at the state fair. Limited to 80 participants. Presented by Andrew Klopfenstein.
- 421 Roundtable Session: State Fair 101**  
 What is new this year for state level project judging? How do I become a state fair project judge? What are the expectations for presenting a project at the state fair? This is a time to ask questions regarding all this state fair 4-H project judging! Limited to 20 participants.
- 422 Roundtable Session: Quilting for Veterans**  
 An extension of the Honor Quilt workshop (held in Workshop A) for anyone who wants to sew a square to contribute to the statewide veteran's honor quilt service project! Limited to 20 participants.
- 423 Roundtable Session: Successful Self-Determined Projects**  
 The Self-Determined project area has so much to offer! Discuss what it takes to have a successful Self-Determined project and learn about the many idea starters available. Limited to 20 participants.

**Session 5 – 3:00-3:45 p.m.**

- 501 What is a 4-H Master Clothing Educator Volunteer?** **Adults**  
 The first 20 minutes of the presentation explaining the purpose for 4-H Master Clothing Educator Volunteer and the steps it takes to become certified. There will be 5 minutes for Q&A. The last 20 minutes are for current 4-H Master Clothing Educator Volunteers to touch base and have a brief business meeting. Limited to 60 participants. Presented by Pamela Montgomery.
- 502 2025 4-H Projects! What's New, What's Revised, What's Discontinued** **Both**  
*(Offered again in Session 2)*  
 Meet the 4-H Editorial team from Extension Publishing and join our session to learn about 2025 4-H Projects. See what's new, revised, and discontinued. Do you have an idea for a new Self-Determined Idea Starter or a new 4-H project? We'd love to hear about it! This session is also an opportunity to share your thoughts about curriculum concerns. Feedback from volunteers and members informs our work as we develop new curriculum. We look forward to meeting you! Limited to 50 participants. Presented by Rhonda Williams & Carrie Davisson.



- 503 Why Camp? What is my Role as a Counselor? Teens**  
 Camp counselors are typically passionate about camp and their role as a counselor, but will often have a blank look when asked, Why do we have 4-H camp? Both new counselors and tenured counselors will gain a greater understanding of the goals and objectives of the of the 4-H camping program and the skills and abilities we aspire to develop in youth campers. We will also discuss responsibilities of camp counselors and how those help us meet our camping programming objectives. Limited to 50 participants. Presented by Mary Beth Albright.
- 504 Saving Monarchs Both**  
 Showing the life cycle of The Monarch! Learning how to provide a life sustaining Environment. From Pollen producing plants for the Adult Monarch to the foods (plants) they need to lay their Eggs. From Adult Leaders encouraging Group Project taking to Youth Members taking a Self- Determined Project. You can become a Host to the Monarchs from what you learn today & take home Milkweed seeds to plant in Your Life Sustaining Environment! Limited to 50 participants. Presented by Beverly Stives & Peggy Vafu.
- 505 Expand Service Learning by Teaching a 4-H Special Interest (SPIN) Club Both**  
 4-H Special Interest 4-H Clubs are a nice compliment to the year-round community club, but can bring 4-H to new audiences while also providing service learning opportunities for your club members. Since a SPIN Club need only be six total hours in length and just one hour a week or more, members in your club can share their knowledge with others through hands-on learning sessions, while also developing both leadership and citizenship skills. Explore the possibilities in this 45 minute session! Limited to 100 participants. Presented by Maddie Allman & Sue Hogan.
- 506 Building Partnerships, Forging Relationships, and Opening Doors to Make the Fair Accessible for All Both**  
 Take a closer look at an innovative way to engage people with disabilities in the fair experience. A Day in the Ring/Animal & Me is designed as a partnership with the OSU Extension 4-H Program, County Fair Board, and community volunteers passionate about providing individuals with disabilities the opportunity to participate at the county fair. The program provides a safe learning environment for participants to experience how to care for and show an animal through orientation, one-on-one practice sessions, mock show simulation, and a special show day at the County Fair. The program allows 4-H members to build relationships with participants and gain a greater understanding of and connection to people with disabilities. Limited to 60 participants. Presented by Tracie Montague & Kara Colvin.

- 507 Tips for Teens: Life Skills Education** **Both**  
 Feeling unprepared for adulthood or what is next in life? This session is for you! Since the start of the Tips for Teens video series, 40 videos have been released and are available on YouTube. The reach of this project spans nationally. The videos have more than 140,000 views to date. Utilizing social media to reach the youth audience has been an effective way to connect with them as the teens enjoy watching videos at their own leisure. Currently, school districts, Job and Family Services, Juvenile Court systems, and others utilize the videos. With the popularity of the videos, both 4-H and FCS Educators and volunteers have since created lesson plans to correspond with the videos. These peer-reviewed lesson plans can be used by Extension professionals, schoolteachers and other youth leaders. In each lesson plan, students are introduced to the topic and video, given additional information, apply this new knowledge, and are finally asked to replicate what they have learned. Limited to 60 participants. Presented by Katie Cole & Ashlee Meardith.
- 508 What? There's More than Livestock Projects!** *(Offered again in Session 3)* **Both**  
 Members only picking livestock projects? Let's explore fun ways to learn what other 4-H projects Ohio has to offer! When working with your club, community stakeholders, or recruiting members we will give you ideas and tools using no technology and technology to create awareness of the many of the projects and their awesomeness! Limited to 50 participants. Presented by Becky Barker, Russ Mayer, & Amanda Staley.
- 509 4-H Fundamentals of Club Management: Club Files and Finances** **Adults**  
 Paperwork, deadlines and documentation! In this session, 4-H club volunteers will explore the ins and outs of 4-H club management best-practices. Participants will discuss the importance of managing and maintaining active club files, maintaining important IRS documents, club constitutions and by-laws, Insurance and the best way to manage club funds. Limited to 100 participants. Presented by Jenna Hoyt.
- 510 Cloverbud Share** **Both**  
 Do you love working with Cloverbud age youth? Do you have a great activity that you have done with your members or tips for working with this age group? This is the session for you! Presenters will share information about the 2025 Cloverbud Meeting Menu which is full of resources for Cloverbud volunteers. The remainder of the time will be devoted to sharing the great things that are going on with Cloverbud members across the state. Come share and take away ideas to help you as you work with this special age group. Feel free to bring handouts to share with your fellow volunteers. Limited to 60 participants. Presented by Christy Millhouse & Rebecca Supinger.
- 511 STEM- From Camp To Club, Everyone Can Do STEM Activities** **Both**  
 STEAM is more than Science, Technology, Engineering, and Math. It is a learning process that requires thinking critically and focusing on inquiry learning. Learn about some activities (new and old) that connect to STEM and how you can include them for any size group! Limited to 50 participants. Presented by Molly Avers.

**512 STEM Activities for Youth with Machine Learning and Artificial Intelligence** *(Offered again in Session 3)*

**Both**

Machine Learning, the basis of artificial intelligence technology, is becoming a key part of our world. In this session, we will break down machine learning concepts into manageable, bite-sized activities. Through demonstrations of tools like Google's Teachable Machine and Scratch block coding, participants will gain a deeper understanding of how machine learning works, how it powers everyday applications, its role in artificial intelligence and its potential in education. Join us to gain knowledge, resources and insights that will empower your community to navigate the evolving world of technology with both curiosity and responsibility. Limited to 60 participants. Presented by Cynthia Canan.



